

LOW BIRTH WEIGHT

Low birth weight describes an infant born at a weight of **less than 5.5 pounds** at full term

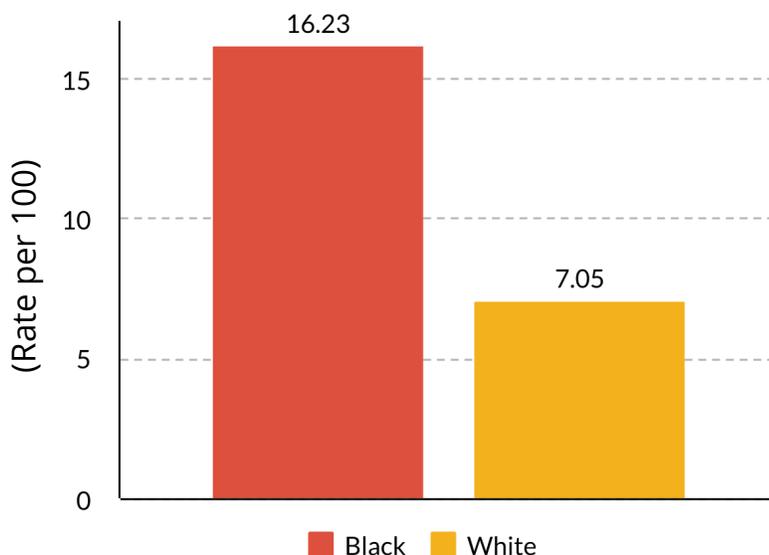


The rate of low birth weight among Black babies born in St. Louis is

2.3X

higher than among White babies.

2017- 2019 Low Birth Weight Rate by Race, St. Louis City & County



Community Recommendations:

Offer free, culturally relevant prenatal education

Increase support through an integrated approach to health care

Make mental health care easily available and accessible

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Education needs to be catered to Black moms. Even though the doctor said you could have an early C-section, let us [Black Doulas] educate you about the importance of getting close to full term. Information gathering and retention are important.