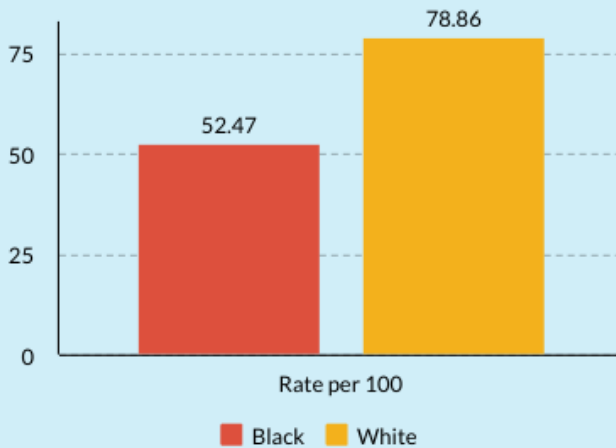


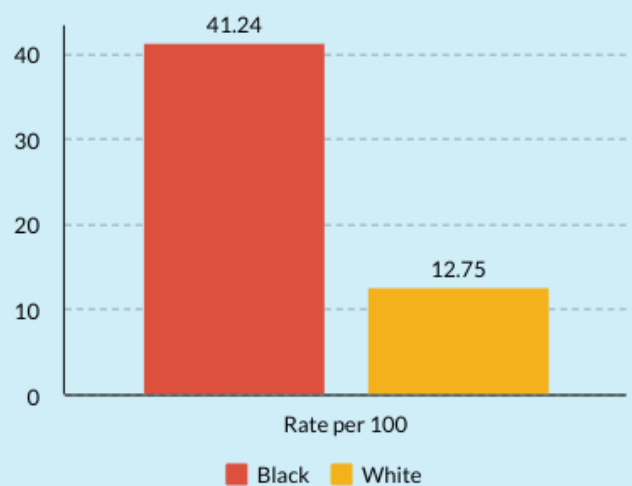
# EARLY & ADEQUATE PRENATAL CARE

2019 Prenatal Care: Began First Trimester by Race, St. Louis City & County



White pregnant people receive early prenatal care  
**1.5X**  
more than Black pregnant people

2019 Inadequate Prenatal Care by Race, St. Louis City & County



Black pregnant people experience inadequate prenatal care  
**3.2x**  
more than white pregnant people

## COMMUNITY RECOMMENDATIONS:

### ADDRESS BARRIERS THAT BLACK BIRTHING PEOPLE FACE TO RECEIVE CARE:

- Lack of communication
- Lack of health insurance
- Lack of accessible transportation
- Having to travel from St. Louis city to St. Louis county to receive adequate care

### IMPROVE THE EXPERIENCE OF BLACK WOMEN & BIRTHING PEOPLE WHO RECEIVE ADEQUATE PRENATAL CARE THROUGH:

- Cultural humility from providers
- Accessible prenatal care in local communities
- Accessible transportation
- Low-cost childcare
- Paid time off from work

“ Accessible means that you don’t have to travel more than 15 minutes. Sadly, moms have to get on the bus to go across town to get to their appointment. It’s so much added stress.

“ Make sure providers know how to care for Black women. they do not understand us, and we do not understand them. It feels like an “us” vs. “them” situation.

