



Racial Inequities Create Barriers in **SAFE SLEEP** for Black Families in St. Louis

5X

Black infants in St. Louis more likely to die from sleep-related deaths compared to white babies

127

Black infants in St. Louis died in unsafe sleep situations
2014-2019

Trauma

Racial trauma can cause mistrust among Black mothers when accepting care and information from white providers.

Access

Families need early and frequent education about safe sleep and resources that are available in St. Louis.

Diversity

Lack of racial representation and culturally congruent programs creates barriers in patients receiving care.

Housing

Rodent infestations, lack of heat, violent neighborhoods, and overcrowding lead families to sleep in bed with their babies.